

# HEART WARRIORS

Name of Game: CardioQuest

- Adult patient (40-60 years old) who has been diagnosed with Heart Failure (HF), preventing readmission.
- To empower Heart Failure patients with practical knowledge in healthy living.
- For players to be aware of their fluid consumption.
  - For players to be aware of the need to be on a low sodium diet.
  - For players to understand the importance of being compliance to medications.